

## Bedtime Story For the Little Ones

"Uncle Wiggly and Tommie's Kite."  
By HOWARD, B. GARIS.

"UNCLE Wiggly, have you any-thing special to do today?" asked Tommie Kat, the little kitten boy, one morning as he knocked on the door of the hollow stump bun-ghole, where Mr. Longears, the rabbit gentleman, lived.

"Anything special to do? Why, no, I guess not," answered the bunny uncle. "I just have to go walking to look for an adventure to happen to me, and then—"

"Didn't you promise to go to the five and ten cent store for me, and buy me a pair of diamond earrings?" asked Nurse Jane Fussy Wuzz, the meek lady housekeeper, along and after that, Uncle Wiggly.

"I had forgotten about that. But I'll go. What was it you wanted of me?" he asked Tommie Kat, who was making a fishpole of his tail by standing it straight up in the air.

"Oh, I wanted you to come and help me hold the kite, and then come and fly it!" said the kitten boy.

"Could you do that, Uncle Wiggly?" "Well, perhaps I could," said the bunny uncle. "I will first go to the store and get Nurse Jane's diamond earrings. Then, on the way back, I'll stop and help you with your kite. And after that, I'll go along and see if I can find an adventure."

"That will be fun!" cried Tommie. "I have everything all ready to make the kite—paper, sticks, paste and string. We'll make a big one and fly it away up in the air."

So off through the woods started Uncle Wiggly and Tommie to the five and ten cent store. There they bought the diamond earrings for Nurse Jane, who wanted to wear them to a party Mrs. Cruck-Clock, the hen lady, was going to have next week.

"And now to make the kite," cried Tommie, as he and Uncle Wiggly reached the house where the Kat family lived.

The bunny uncle and the little kitten boy cut out some red paper in the shape of a kite. Then they pasted it on the crossed sticks, which were tied together with string.

"The kite is almost done," said Uncle Wiggly, as he held it up. "And can you tell me, Tommie, why your kite is like Buddy, the guinea pig boy?"

"Can I tell you why my kite is like Buddy, the guinea pig boy?" repeated Tommie, like a man in a minstrel show. "No, Uncle Wiggly, I can't. Why is it?"

"Because," laughed the old rabbit gentleman, "this kite has no tail and neither has Buddy."

"Ha! Ha!" exclaimed Tommie. "That's right!"

For guinea pigs have no tails, you know, though if you ask me why I can't tell you some kites do have tails, though, and others do not.

Anyhow, Tommie's kite, without a tail, was soon finished, and then he and Uncle Wiggly went to a clear, open place in the fields, near the woods, to fly it.

There was a good wind blowing, and when Uncle Wiggly raised the kite up off the ground, Tommie ran, holding the string and was fast to the kite and up and up and up it went in the air. Soon it was sailing quite near the clouds, almost like the Wiggly's airship, only, of course, no one rode on the kite.

"Have you any string, Uncle Wiggly?" asked the kitten boy, after a bit.

"String, Tommie? What for?"

"Well, I want to make my kite string longer so it will go up higher. But if you have none I'll run home and get some myself. Will you hold the kite while I'm gone?"

"To be sure I will," said Uncle Wiggly. So he took hold of the string of Tommie's kite, which was now quite high in the air. And, sitting down on the ground, Uncle Wiggly held the kite from running away while Tommie went for more string.

It was a nice, warm, summer day, and so pleasant in the woods, with the little flies buzzing about, that, before he knew it Uncle Wiggly had fallen asleep. His pink nose stopped twinkling, his ears folded themselves down like a slice of bread and jam, and Uncle Wiggly's eyes closed.

All of a sudden he was awakened by feeling himself being pulled. At first

## Beauty Chats By Edna Kent Forbes

## Beauty Building

A STRAIGHT NOSE, shoulders held well, a clear skin and bright eyes—and what woman wouldn't be called pretty?

Features are small matters in importance, compared to this. The woman most popular with men and women alike is the one possessing plenty of energy and vitality. Clear and animation are more desirable than passive beauty.

So, for to-day's talk, I want to give directions for an exercise that comes recommended from three widely differing sources—it is taught by the great Hindu teachers, by the most famous physical culture specialist of the world, Dr. Muller, and taught in the United States army. It is this: Lie flat on the floor, face downward, the palms of the hands resting on the floor at the sides, the toes of the feet resting on the floor.

Breathe deeply, filling every part of the body possible with air.

Stiffen your body, and raise it by the strength of the arms until you are clear of the floor, the weight resting on the hands and the toes.

Then lower yourself to original position, and repeat several times.

However, do not repeat until you are exhausted. As soon as you tire from the exercise, rest on the back with the knees drawn up, inhaling long breaths, breathing out as though sighing.

Such an exercise will strengthen all the muscles along the back and the legs, will start the blood stirring through the veins, bringing color to the cheeks and a sparkle to the eye. Try it each day, at first only a couple of times, increasing to a dozen times, when you grow strong enough to do it. This is especially good for a weak back and the eternally tired feeling that goes with it.

## Questions and Answers

I have cushions under my eyes, and the doctor says that I am perfectly healthy. Can I help them?—Mrs. G. H. K.

[Protected by the Adams Newspaper Service]

## NEWS NOTES from MOTELAND

BY DAISY DEAN



Norma and Constance Talmadge.

NORMA and Constance Talmadge of the Triangle company are, in the near future, to make their first joint appearance since their work together in "The Missing Link." Sister Constance was the direct cause for Norma's beginning as a motion picture actress. She was playing in the roster of a well known studio, and nothing would do but that Norma should become an actress, too. Hoping to cure her of this horrible ambition, Norma's mother took her to the Vitaphone studio, near where they lived in Brooklyn, N. Y. But instead of reading Norma a kindly lecture on the dangers of stage life, the hard-hearted director placed the child under contract, and so antagonized Norma's mother for life.

## CHARLIE'S AUNTIE SAYS HE'S MUSICAL

Charles Chaplin's auntie has writ a piece in a London paper about Charles. It is advertised as the one authentic chronicle of the comedian. Says his aunt: "Nobody really knows Charlie. None of the stories written about him has given a clue to his other self. How could they when Charlie is so very shy and nervous of that other self?"

She, however, declares to have made a study of the other Charlie and finds him to be not a comedian but a wonderful musician and she thinks that if he remains a picture actor the musical world will be a genius less.

## NEW BEAUTY WITH FAMOUS PLAYERS

Peggy Hyland is winsome, vivacious and extremely pretty. She's an English beauty who has appeared in film plays made abroad, but is new to this country. Her contract is with the Famous Players.

On the stage she appeared first with Cyril Maude, and subsequently played the leading role in "The Little Cafe." Later she appeared in London in "The Yellow Jacket" and "Saints and Sinners."

Milton Sills, for long known as leading man with Carlotta Nillon, Blanche Bates and Julia Dean on the speaking stage, has joined the William Fox Film in California. Nell Shipman has gone to Vitaphone. She has entirely recovered from her recent illness, which was caused by oak poison.



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## SCHOOL DAYS



## How to Save Your Eyes

Try this Free Prescription.

Do your eyes give you trouble? Do you already wear eyeglasses or spectacles? Thousands of people wear these "windows" who might easily dispense with them. You may be one of these, and it is your duty to save your eyes before it is too late. The eyes are neglected more than any other organ of the entire body. After you finish your day's work you sit down and rest your muscles, but how about your eyes? Do you rest them? You know you do not. You read or do something else that keeps your eyes busy; you work your eyes until you go to bed. That is why so many have strained eyes and finally other eye troubles that threaten partial or total blindness. Eyeglasses are merely crutches; they never cure. This free prescription, which has benefited the eyes of so many, may work equal wonders for you. Use it a short time. Would you like your eye troubles to disappear as if by magic? Try this prescription. Go to Kelly & Pollard's, the nearest wideawake drug store and get a bottle of Optona tablets; fill a two-ounce bottle with warm water, drop in one tablet and allow it to thoroughly dissolve. With this liquid bathe the eyes two to four times daily. Just note how quickly your eyes clear up and how soon the inflammation will disappear. Don't be afraid to use it; it is absolutely harmless. Many who are now blind might have saved their eyes had they started to care for them in time. This is a simple treatment, but marvelously effective in multitudes of cases. Now that you have been warned don't delay a day, but do what you can to save your eyes and you are likely to thank us as long as you live for publishing this prescription.—Adv.

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